

YCC 323/COVID-19 Update January 31st, 2022

The COVID-19 pandemic developments and changes are at times difficult to follow and come very quickly. On January 31st, 2022, the province enters the first of three reopening stages with approximately 21 days between each. Event spaces like meeting rooms, restaurants, retailers, museums will be able to operate with 50 per cent capacity indoors.

Effective January 31, 2022, 50 Quebec will begin the process of gradually easing restrictions to follow the provincial approach, while maintaining protective measures.

Affected amenities that will open:

- Opening the Gym facility at a maximum capacity of three people.
- Opening the library at a maximum capacity of four people
- Opening the meeting place at a maximum capacity of ten people
- Opening the sauna at a maximum capacity of one person at a time
- Opening the change rooms at a maximum capacity of three people at a time
- Increasing social gathering limits to ten people indoors and twenty-five people outdoors.

Safety requirements:

Social Distancing- Individuals in the common elements of 50 Quebec should maintain a physical distance of at least two meters from every other individual except their caregiver or other members of the individual's household, with limited exceptions.

Wearing a Mask - Masks or face coverings must be worn when you are in any indoor portion of the common elements like elevators, chute rooms, hallways, parking garages and lobby of 50 Quebec.

Screening- Residents should screen themselves before accessing the common elements and its facilities. Anyone who is sick or has any symptoms of illness, should stay home, and seek assessment from a health care provider if needed. Consult a health care provider if you have medical questions.

<https://covid-19.ontario.ca/self-assessment/>

We all recognize that the last two years have been difficult and for some the fatigue is harder to deal with than before. Residents at 50 Quebec have genuinely been doing their best to follow the capacity limits, sanitization procedures and

comply with restrictions and recommendations set out by health officials. This made the decision to proceed with opening the amenities easier this time around.

In conclusion the board of directors along with Management are working to keeping the building safe and are monitoring all aspects of the upkeep of YCC 323.

Resources and help line

Link below for mental health and wellness site with a mobile application in partnership with Health Canada

<https://www.wellnesstogether.ca/en-CA>

Stay safe and healthy!